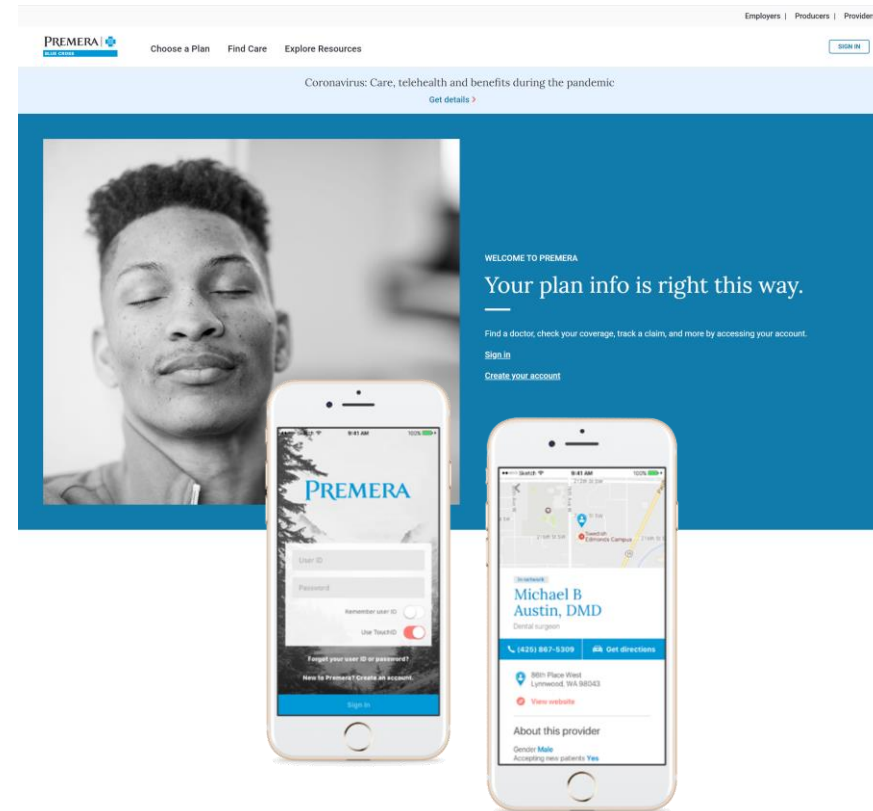


Find the information you need

SELF-SERVE DIGITAL TOOLS AT YOUR FINGERTIPS

When you create a Premera account on our website, you'll be directed to our app where you'll be able to:

- Get personalized health plan information
- Search for providers with the Find Care tool
- Track your claims and deductible
- Access virtual care providers and programs
- Get information that will help you optimize your benefits
- Receive emails with helpful reminders and plan information



Take your plan on the go with Premera Mobile.

Premera MyCare

Your virtual front door to care

Premera MyCare is a single-point of access to the virtual care providers available to you. This means you and your enrolled dependents can get the care you need whenever and wherever life takes you.

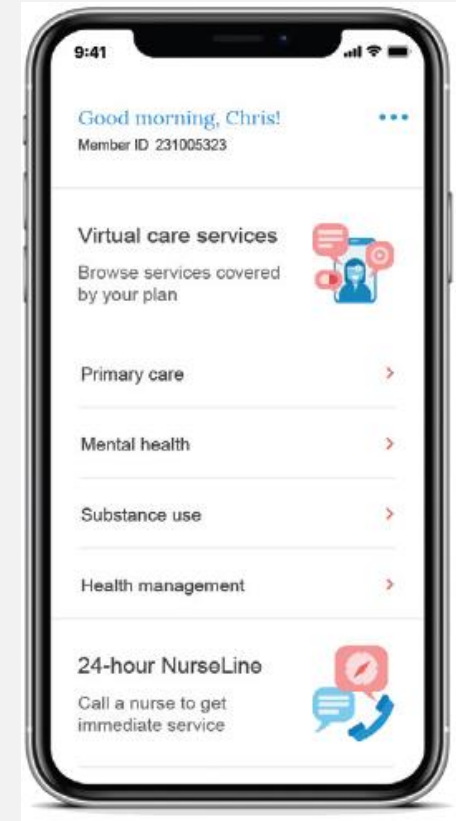
Why wait to feel better?

- Many virtual care providers offer care 365 days a year, even weekends and holidays
- Avoid the hassle, wait, and cost of in-person care
- Get care for a variety of needs including primary care, mental health, substance use, diabetes management & physical therapy.

Download Premera MyCare and sign in using your [Premera account](#).

Available on the
App Store

ANDROID APP ON
Google Play



[Access round-the-clock care wherever you are by phone, video, or text.](#)